

OPEN ACCESS CLINIC

WHAT IS OPEN ACCESS AND WHAT TO EXPECT

Open Access Clinic – No Appointment Needed

If you're 21 or younger, or currently enrolled in college, you can meet with a therapist without an appointment through our Open Access program.

We're here **Monday through Thursday**, from **8 AM to 2 PM**, and offer **same-day access** to a licensed therapist. You can walk into one of our **office locations** in **Greenville, Ahoskie, or Elizabeth City**, or call **252-439-0700** to connect with a therapist virtually.

Whether in person or online, support is just a step away.

OPEN ACCESS CLINIC

Ages 21 and under (Individuals of all ages accepted if currently attending a college)

HOURS OF OPERATION

Monday - Thursday
 8:00 am - 2:00 pm

252.439.0700 Phone

www.integratedfamilyservices.net

202 NC Hwy 42
 Ahoskie, NC 27910

110 Medical Drive, Unit 5
 Elizabeth City, NC 27909

3001Stantonsburg Road
 Greenville, NC 27834

If you find yourself to be in a crisis please call our

MOBILE CRISIS TEAM

1.866.437.1821 / 24 hours a day / 7 days a week

During your visit, we'll take time to talk with you, understand what kind of help you might need, and work to connect you with the right support. At Integrated Family Services, our goal is to complete your visit within 3 hours—from check-in to check-out—but times may vary depending on your needs.

Open Access is designed to help you see a therapist faster, without having to wait weeks for a scheduled appointment.



1

First you will check in with the receptionist, who will ask you some

basic questions about your type of insurance and the purpose of your visit. You will also be asked to complete a set of screening tools that will provide the therapist with information ahead of time to decrease time during the actual assessment interview.



2

Next you will be seen by a licensed therapist to complete a clinical assess-

ment. The therapist will ask you questions about symptoms and behaviors that you are experiencing as well as previous mental health treatment.



4

If follow-up treatment for Outpatient therapy is recommend-

ed, then the therapist will discuss when they recommend you come back to start your treatment. If a psychiatric evaluation is needed, then our staff will assist with making that appointment for you.



3

The therapist will then develop a treatment plan with you. The

therapist will also discuss with you recommended treatment.